

News from

QUEEN ELIZABETH PARK CARE HOME

Dear Friends

Now autumn is upon us we wanted to share with you some of the good times our residents have been enjoying together these past few weeks!



A fun farewell to summer



As summer drew to a close our residents celebrated with their very own Olympic party here at QEP! We wore olive wreaths on our heads, in a nod to the original games in Greece, posed for photos with an Olympic torch and created our own challenges! There was a wonderful, lively atmosphere as residents tried to out-score each other in 'Sticky Darts', 'Precision Throwing' and 'Sporty Bingo!' It's not the winning that counts but the laughter that was shared, and boy were there plenty of giggles! And so everyone was awarded a gold medal and plenty of sweet treats before hosting our 'Winner's Dinner' indoors. It was the perfect way to bid farewell to summer!

Trips to the animal kingdom



Our residents love day trips out in nature, particularly when they get to meet their local animal friends! First stop of the new season was our charity partners at Mane Chance Sanctuary, where residents had a wonderful time grooming the miniature horses in their stable. The following week we revitalised our senses by taking a peaceful boat ride down the River Wey, spotting herons and kingfishers as we went. Everyone had so much fun that we decided to take a trip to the Royal Horticultural Society's Wisley Gardens! Here we had a lovely time plant spotting in the Glasshouse followed by feeding the ducks and fish, who ate right out of our hands!





Cocktails with friends

You know autumn is upon us when we break out the cheese and wine! Our home is known for its vibrant social life, and our residents love nothing more than to come together with their friends to enjoy a good tittle and a chat! We have been making the most of that wonderful in-between weather, when the early evenings are still light and balmy enough for outdoor drinks! Our team members have been busy whipping up everyone's favourite aperitif. Of course, some summer drinks still sneaked their way in as we toasted everyone's good health with Pimms, Pina coladas and Margaritas!



Blooming marvellous

As the summer blooms that have brightened our garden turn from bright pinks and yellows to oranges and purples, our residents have been indulging in some calming colour therapy! Everyone gathered together in the bistro to create some truly stunning flower arrangements while taking in the glorious new shades of autumn. Feeling inspired our creative residents reminisced about the flowers they would plant in their own gardens at this time of year and the memories each bloom brought back. These sessions always spark so much joy for our residents and team members, and our home was filled with the most beautiful scents for weeks to come!

With love,
Heather De-Ninis
Home Manager

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Surrey, GU2 9LL, Tel: 01483 924553

**We always love reading your comments on Facebook!
Here are a few recent ones:**

"I absolutely love seeing all your photos, looks like everyone is having such a good time." Helen

"Another wonderful outing organised by QEP. You are so thoughtful finding different things to delight your residents. Thank you!" Carole

"It looks like everyone has had a great time with all the different activities." Gill

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