

News from 

# QUEEN ELIZABETH PARK

## CARE HOME



Dear Friends

The glorious summer sunshine has brought our residents and team members many joyous days these past few weeks and we are delighted to share some of them with you here!



## Summer entertainment



There's never a dull moment at QEP as you'll see from our summer schedule of entertainment! We hosted parties, like our recent Alice in Wonderland Afternoon Tea where everyone from residents to team members got dressed up and embraced the whimsical theme! We've welcomed local entertainers to our home for some memorable performances. Opera singer Harry Kersley serenaded us BBC-Proms-style, while harpist Margaret Watson blessed us with a tranquil recital. 1950's performer Adena popped by and got everyone singing along to their favourite wartime classics. We even had X Factor star Jack Mason treat us to a pop concert. Well, they do say variety is the spice of life!

## Unusual fun and games



Our creative team members like to make every day fun and interesting for our residents so they can share the good times together and make wonderful new memories. So we recently surprised everyone with a visit from our local Birds of Prey centre. Residents were delighted to be able to hold and pet the majestic owls and falcons who popped by to say hello! It was wonderful seeing them connect with wildlife in this way! Of course, when it comes to sharing laughter we can always rely on everyone's favourite balloon tennis to have everyone in fits of giggles! It's a wonderfully silly way to get everyone's hearts pumping and keep us feeling youthful.



## Culture with friends

We love to encourage our residents' passion for art at Queen Elizabeth Park, and so we recently took inspiration from everyone's favourite TV show *The Joy of Painting* and hosted a Bob Ross afternoon. Our first session was an acrylic tutorial on how to paint poppies. Armed with all the art supplies they could need to create a masterpiece, our artistic residents worked together to make some truly impressive pictures. And their talents aren't limited to painting, as they proved in a recent arts and crafts session when they transformed plain glass bottles into ornamental vases and made their own ornate tiles and even jewellery. What a creative bunch!



## 100 years young

We recently celebrated the milestone birthday of not one but three of our 100 year old residents, Ruth, Audrey and May! Everyone came together to share this most special of birthday celebrations. In the morning our ladies were joined by their friends and family for a private gathering where they opened cards and presents. Then in the afternoon our incredible chef team presented each lady with a stunningly elaborate birthday cake spelling out 100. Of course their fellow residents were on hand to help them eat it - the most important part! The celebrations continued with the rest of our QEP family where we played music and sang a rousing rendition of Happy Birthday. What a special time it has been!



With love,  
**Heather De-Ninis**  
Home Manager

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**We always love reading your comments on Facebook!  
Here are a few recent ones:**

"You don't look a day over 95, Mum! We're delighted to know you're so well looked after at QEP." Sue

"Hi Great Granny, looks like you're having loads of fun! Hope to see you soon"  
Antonia xxx

"Their smiling faces says it all. So nice to see!" Philip

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