

News from  
**QUEEN ELIZABETH PARK**  
CARE HOME

Dear Friends

As Spring dawns and the country slowly emerges from lockdown, we wanted to share with you the good times we have enjoyed so far this year.



## Creative pursuits

Our creativity has been in abundance these past few months, and with so many artistic outlets for our residents it's been an exciting time. We were impressed by everyone's skills and focus when painting miniature ceramic puppies and kittens as part of our Pottery Painting class. We then turned our hands to making clay pots, providing a great sense of achievement for our residents. Our Virtual Art classes have continued to inspire and give residents new ideas and techniques to try, as well as being a wonderfully interactive way to connect with teachers outside our home.

## Sweet treats and health hits



It's been a brilliantly indulgent start to the year as we have hosted a variety of fun, themed days. After the excitement of Pancake Day and the sweetness of our Valentine's celebrations, we kept the parties going with Waffle Days, Cheese and Wine evenings and even Mocktail Making to take us into the weekend! Of course, we always balance out treats with our five-a-day fruit and veg. One way we love to do this is with our smoothies where our residents love to play around with healthy combinations of their favourite fruits. The perfect accompaniment to the fresh Spring days that have made their way to Queen Elizabeth Park.



# A marvellous Mother's Day

This Mother's Day we thoroughly pampered the ladies of Queen Elizabeth Park! The day began with a relaxing morning, where each resident received flowers and opened cards from loved ones. Our team members then adorned the dining room with beautiful Mother's Day decor that our residents had spent the week hand-crafting, for that extra special, personal touch! Then everyone dressed up in their Sunday finest and there were glasses of bubbly all round as we settled down for an afternoon cream tea. It certainly was a Sunday Funday!



## A very happy Easter for all

Our Easter celebrations lasted all week long to the delight of our residents who had a great time playing themed party games and making pretty Easter crafts. Beautiful sunny weather provided the perfect opportunity to enjoy a delicious afternoon tea out in the garden, oh how we can't wait now for Summer! On Easter Sunday itself Rosie Rabbit and her Carrot delivered chocolate eggs to everyone which brought much joy, smiles and laughter.



With love,  
**Heather De-Ninis**  
Home Manager

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**We always love reading your comments on Facebook!  
Here are a few recent ones:**

"There's always something fun going on at QEP!" Frances

"You do such wonderful things; it all looks great fun." Sue

"Such a great team always putting the residents first & planning great ways of keeping them happy! Thank You." Carole



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